Respect Responsibility Confidence Resilience

Newsletter No 5

Friday 20<sup>th</sup> March, 2020

Click here for Calendar

**NAPLAN - Cancelled** 

**Pupil Free Day** Friday 27<sup>th</sup> March

Sporting Schools
Athletics
24<sup>th</sup>, 31<sup>st</sup> March

Parent Teacher Interviews

Monday 30<sup>th</sup> March to Thursday 2<sup>nd</sup> April

End of Term 1 Thursday 9<sup>th</sup> April 2pm Pickup

**Term 2 Begins** Monday 27<sup>th</sup> April



Dear Students, Parents and Community Members,

COVID-19 is a topic of concern at the moment. I would like to thank everyone for their calm and supportive attitude as we navigate this rapidly changing situation. I have kept our community up to date via Dojo, email and School Stream. I will continue to do so as more information comes to hand. Teachers have been extra mindful of students not being in close contact with each other and are



teaching and modelling how to wash hands correctly. As a small school we are so lucky to have the space to spread out. Our cleaner has been given one extra hour per day to ensure we are able to clean surfaces, door handles etc. As a school we are all doing our bit towards "social distancing" and are trying to maintain our 1.5 metre distance from others. We are taking a cautious approach to all things and do not want to put anyone at risk. We are not allowing volunteers to be in school at the moment.

Students and Staff were disappointed that we needed to postpone our VIP Open Day scheduled for Wednesday 18<sup>th</sup> March. The possible risk to our students and the more senior members of our community was just too great. We look forward to re scheduling this event later in the year.

The Adelaide Hills Kids Farmers Market at Four Oaks Farm Littlehampton, scheduled for Sunday 29<sup>th</sup> March has also been cancelled. A big thank you to Tara Lane for all of the work she has done so far towards our school being involved in this event.

At the time of writing this newsletter our Parent Teacher interviews are still on track to go ahead as planned, starting on Monday 30<sup>th</sup> March. Teachers will ensure plenty of space for parents and will wipe down the desk at the end of each interview. Please contact your child's class teacher to if you would prefer a phone interview.

We have had a request for LONG SLEEVED school polo tops. They can be worn year round, in summer to be sun safe and in winter with a top underneath for warmth. If you are in interested in ordering long sleeved tops please advise us before Wednesday 25<sup>th</sup> when we will place our order.



### NAPLAN –Breaking News

Education ministers met today and decided that NAPLAN will be cancelled for 2020. This decision was made so that school leaders, teachers and support staff can focus on the wellbeing of students and prepare for the continuity of education, including working on online and remote learning options.

This decision means that the scheduled testing of NAPLAN Online platform – the Coordination Practice Test (CPT) – scheduled for Monday 23 March will not go ahead.

Jill Gurner Principal

# Playgroup and Volunteers Suspended - Update re COVID19

This is part of advice direct from the Department for Education:

In the interests of social distancing, and acknowledging the current workload of school and preschool staff in responding to COVID-19, the movement of service providers in and out of sites should be limited to:

- Priority / essential services for children, students and staff
- Services expressly requested by the Principal / Preschool Director and/or Education Director.

Playgroups should be suspended.

You can be assured that we are taking advice daily which includes stepping up hygiene and cleaning at school. We are taking all precautions to minimize the risk of infection to all staff and students.

If you have any concerns or questions about coronavirus you can call the government's coronavirus health information line on 1800 020 080. The line operates 24 hours a day, 7 days a week.





Have you seen the vegetable garden over summer? The produce has been bountiful, especially the zucchinis and tomatoes. We would like to thank all our parent helpers, and particularly Tara and Julie who have put a lot of effort into helping us outside school hours.

Last week, Room 3 cooked a healthy snack with the produce. On the menu was zucchini slice and baked tomatoes. We were very proud of our efforts, growing the vegetables organically, cooking and then eating them.

**Giorgia:** The slice was delicious and perfect and the tomatoes were really juicy.

**Andrea:** I love organic veggies and home cooked food. Jayden, Annabel, Grace, Riley and Karen made a superb zucchini slice, straight from the garden!

# **Olympics Unleashed**



#### Juliet Haslam OAM

AOC Olympian Profile - https://www.gb

SPORT	Hockey
EVENT / DISCIPLINE	N/A
HIGHEST ACHIEVEMENT	Attended 3 Olympic Games (1992, 1996, 2000) and won 2 Gold Medols with the Hockeyroos (1996, 2000)

PRIMARY SCHOOL/S YOU ATTENDED: Linden Park Primary School

HIGH 5CHOOL/S: Scotch College

FAVOURITE MEAL: Spoghetti Bolognese

WHAT IS THE BEST THING ABOUT BEING AN ELITE ATHLETE? The lifelong friendships that you make and being able to compete at the Olympics, the best sporting event in the world!

FAVOURITE PLACE TO COMPETE AND WHY: Amsterdam - the home of hockey. Amazing supporters of hackey in Holland, always play to packed crawds and the kids walk around the streets with hockey sticks in their backpacks!

WHO IS YOUR SPORTING HERO; Roger Federer - incredible sportsmanship and such a talented athlete over so many years







On Monday 16<sup>th</sup> March, we were delighted to meet **Juliet** Haslam OAM who visited school to talk about her life.

Juliet competed in three consecutive Summer Olympics, starting in 1992. She was a member of the Australia women's national field hockey team, best known as the Hockeyroos, that won the gold medals at the 1996 and 2000 Summer Olympics. As well as being a dual Olympic Gold Medallist, she won a Commonwealth Games Gold Medal, two World Cup Gold Medals, five Champions Trophy Gold Medals and was named in the Australian Women's 'Team of the Century'. How lucky were we to meet her and hear her story. She is an inspiration.

## Yoga

As part of our Health curriculum, Andrea will be doing short weekly sessions of Yoga with each class. There is lots of evidence that Yoga practices improve student wellbeing and give students practical techniques to increase their self-awareness and to think positively about themselves and others.

Our students will be exploring movement, improving co-ordination, strength and balance, learning stillness and how to be calm and relaxed. Room 3 students will begin to explore and welcome their feelings with short mindfulness exercises and relaxation. The more we practice relaxation, the more it helps to be able to accept ourselves as we are, and to let go of anxiety. Modern living gives us lots of opportunities to increase our stress levels! Yoga teaches us that we can change our mindset. The more we practice relaxation and thinking well about ourselves and others, the better we get at it.



To request an appointment online, go to:
<a href="https://www.sahealth.sa.gov.au/dentalappointment">www.sahealth.sa.gov.au/dentalappointment</a>
For clinic locations, go to: <a href="https://www.sahealth.sa.gov.au/findyourclinic">www.sahealth.sa.gov.au/findyourclinic</a>





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